

Dear Sisters and Brothers,

Hello from Albuquerque. I am so happy to be meeting with you this beautiful Friday morning. I hope this find you in good health.

Well, yesterday our Governor has delayed moving to Phase 2 of re-opening the state. This probably should not come as a surprise, but we do need to take it easy so as not to endanger the people of our state. Sisters and Brothers, we need to remember what Aristotle said, "It is during our darkest moments that we must focus to see the light." We need to be the light that allows us to lead our friends and strangers out of the darkness of this pandemic. Sisters and Brothers, I trust we will come out stronger than before because of the love and light we give to our fellow man.

If I have one wish it is that we all take care of ourselves, we must maintain our health and sanity. Please get out of the house, maintaining social distancing, and enjoy the sun and fresh air. Feed the body, within limits, and support local restaurants by dining in or take-out. We must be healthy before we can assist others. To quote Woodrow Wilson "In the Lord's Prayer, the first petition is for daily bread. No one can worship God or love his neighbor on an empty stomach." So, let us feed ourselves bot physically, within reason, and spiritually so we may be able to provide for others.

As Masons we are charged to relieve every Brother who shall need our assistance, and that these principles are to extend further. Every human being has a claim on our kind offices. Do good unto all. We can do wonderous things, to quote Saint Frances of Assisi "Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible." We can always do the impossible.

Now for the joke of the day:

"I hate to have to tell you this", said the Doctor in a sad compassionate voice, "but you have unfortunately been diagnosed with a highly contagious disease, we will have to quarantine you and you'll only be fed cheese and bologna."

"That's terrible!" Said the distraught young man, quickly sitting down before he could faint. "I don't know if I could handle being in quarantine...and the cheese and bologna diet... What's with the cheese and bologna diet anyway? I've never heard of such a diet before?!"

"It's not exactly a diet", responded the Doctor matter of fact, "it's just the only food that will fit under the door!"

I hope you enjoyed that, stay safe and may God Bless you.

In Star Love,
Jeff Satterfield
Associate Grand Patron

