

Good Day, Sisters and Brothers!

I hope this note finds you all well and happy. Easter and Passover have brought us all renewed hope for the future. In preparation of Easter we had Lent, the period of reflection. Although we do not retreat into the desert for 40 days of fasting and isolation, we do need the time for self-reflection and prayer. Our current social distancing allows us this time for reflecting on how we treat our sisters and brothers. A question I pose to you is, “are you trying your best to be a good Eastern Star to your Eastern Star family?” I ask this to prepare you for reintegration into chapter functions and fellowship. Although we have been separated from each other, there are lingering feelings of past problems or toxic behaviors. Is there a way for us to modify our behavior to make us more pleasing in God’s eyes and to our sisters and brothers?

All of us, no matter how old, have the capacity to grow, mature and modify our actions and words. If we each sit down and reflect on how we treat each other, what problems we might have with a particular sister or brother, or identify displeasures within each chapter; we hopefully can reunite and fix these issues. Eastern Star is too small and intimate of a group to allow these problems to fester and persist. Together we can continue to make Eastern Star a great organization to belong to. One particular phrase I wish to emphasize is to “Love One Another”. This comes directly from Jesus and his love for each of us. Let us honor his teachings throughout our lives and practice them as often as we can. If we deny his teachings, we deny what he sacrificed for us.

Take time out of your day to call a sister or brother. Write a card sent with special messages of hope and prayer. Within your own heart, renew your obligation to our Order and to each other. Do what you can to aid and comfort our fellow Stars, neighbors and friends. Let us make sure that this time of social distancing is not wasted but a time for renewed love and kindness.

I wish you all health, happiness and renewed love for one another. Here are a few more quotes that I think are particularly poignant at this time: “A person’s most beautiful asset is not a head full of knowledge, but a Heart full of love, an ear ready listen and a hand willing to help others.”
- Anonymous

“Love one another and help others to rise to the higher levels, simply by pouring out love. LOVE is infectious and the greatest healing energy” – Sia Baba

“Let go of all hate, love one another deeply” – Lailah Gifty Akita
Star Love, Beth

